BODYGRAM | Hydragram® and Nutrigram®

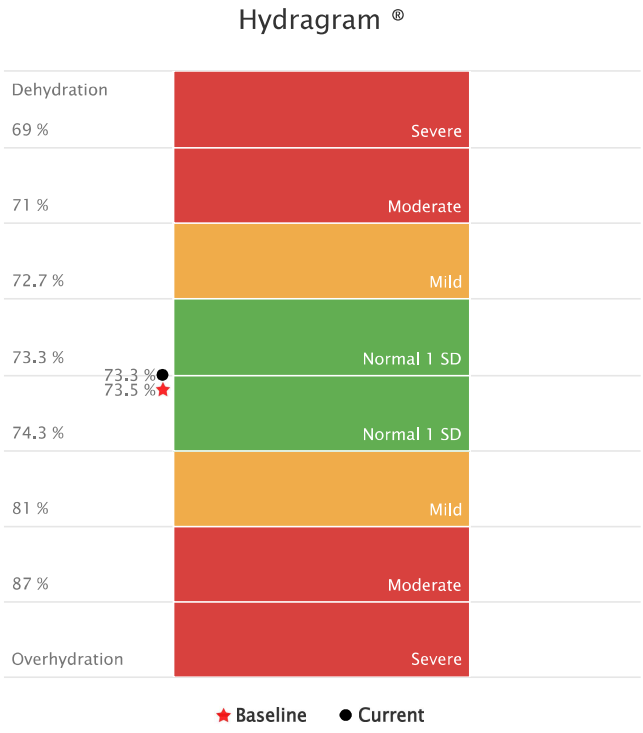
AKERN

Test User Male (AGE: 40)

Assessment of:
02/02/2022 10:01 AM

Gender:	Male	Weight:	82.0 kg	Hydration:	73.3% (TBW/FFM)	RZ:	555 Ω	BMI:	25.3 kg/m²
Date of Birth:	01/01/1982	Height:	180.0 cm	Nutrition:	858 (mg 24h/htm)	XC:	55 Ω		

Hydragram® qualitative analysis



Hydration 73.3 % (TBW/FFM)

Hydration scale: Hydragram®

Hydragram® is the evolution of Impedance Vector Analysis (BIVA) in clinical practice. Thanks to an easy to read nomogram, showing a cursor on colored hydration scale, it gives also the real hydration values, or the fluids in fat free mass. Results are independent from weight, age, and body composition models. Values are expressed in percentage and allow an immediate indication of physiological states (between 72,7% and 74,3%; possible alteration towards congestion are shown with values between 74,4% and 81%, while dehydration levels are identified between 72,6% and 70%.

Nutrigram® qualitative analysis

Nutrition 858 (mg 24h/htm)

Nutrition Scale: Nutrigram®

Nutrigram® is the scale for nutritional protein/energy evaluation. Nutrigram® scale is based on Urinary creatinine excretion (UCr/24h) calculated from BCM values sensed by the BIA device. Values are normalized by subject's height and correlate with specific vector placements in the BIVA nomogram (minor axis). The easy to read graphical representation allows for an immediate evaluation of possible altered states of protein/energy nutrition.